N&URISHING plate

Cannoli Cream with Strawberries and Pistachios

2 cups whole milk ricotta cheese
2 cups non-fat Greek yogurt, plain
4 ounces cream cheese, reduced fat, at room temperature
¼ cup confectioner's (powdered) sugar
1 tsp vanilla extract
1 cup strawberries, sliced
1/3 cup pistachios, chopped
Honey, drizzle on top

Combine the ricotta cheese, yogurt, cream cheese, confectioner's sugar and vanilla extract in a large mixing bowl. Mix well with a handheld mixer. (You could also mix with a whisk but using a mixer obtains a smoother texture). Spoon into dishes and top with strawberries, pistachios and a drizzle of honey.

Makes 8 one-half cup servings